



What happens when I fall asleep?

Imaginative Learning Project for Foundation 2 (Reception) children

Why are there stars in the sky at night? Does everyone go to bed at the same time as me? Explore these questions and more in this project about night time.

Possible lines of enquiry include:

- bedtime routines
- the Moon and stars
- nocturnal animals
- people who work at night
- the importance of sleep and rest

Areas of learning	Early Learning Goals
Communication and language	Listening and attention; Understanding; Speaking
Physical development	Moving and handling; Health and self-care
Personal, social and emotional development	Self-confidence and self-awareness; Managing feelings and behaviour; Making relationships
Literacy	Reading; Writing
Mathematics	Numbers; Shape, space and measures
Understanding the world	People and communities; The world; Technology
Expressive arts and design	Exploring and using media and materials; Being imaginative

Key	ELG	30–50 months	40–60+ months	ELG skills	Exceeding ELG
Enhanced provision	Construction and small world	Creative	Investigation	Literacy	Malleable
	Mathematics	Outdoor	Role play	Sand and water	Technology