

Eco Committee Minutes: 31.01.18

In attendance- Charlotte and Christopher (Year 3), Kiera and Ilah (Year 4), Harvey and Ella (Year 5), Chloe and Samuel (Year 6), Miss Legg.

Miss Legg opened the meeting by asking the children about Monday's assembly. They said the key message is it is better to reuse items than recycle them. For example during wet playtime and for note taking we could use the back of old paper rather than have new paper. Chloe suggested each class have a "scrap paper tray" rather than use new paper.

Miss Legg asked how Eco jobs were going and Y6 said they were remembering to do the composting. Y5 said Mel had been doing the paper recycling recently but Ella and Harvey were going to ask when a suitable time would be for them to be able to help with this. Again, Mel said some items had been found in the red bin such as laminated sheets and other items that were not paper. We discussed the importance of checking that only paper goes in the red bins.

Miss Legg explained that the main focus for the committee this year would be on the Eco Schools Healthy Living Theme and we looked at the review together.

1. Does the school provide healthy food? Yes, everybody agreed.
2. Are children taught what a balanced Healthy diet is? The children felt they had a good understanding of this. We discussed how staff remind children about lunchbox rules such as bringing one pudding, but sometimes parents forget these guidelines.
3. Is drinking water readily available at school? All classes were bringing water bottles to school. Some children were concerned about the thickness of bottles and that some had squash and juice, not water.
4. Is there anything staff can do to help encourage children to eat healthily? Children said often they see staff eating treats at breaktime and some drinking coca cola and felt this wasn't modelling a healthy diet. One child said "when I see my teacher eating an apple. I want to eat an apple". Miss Legg said she would talk to the staff about helping with this.

Miss Legg closed the meeting by thanking the children for all their help and said we would meet again after half-term and it would be lovely if Y1 and Y2 can elect some Eco Representatives for the next meeting.